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Partnering with God in Health and Wellness Series

Class Two

Roots of Sickness and Disease

REVIEW - THE HUMAN BODY IS A COMPLEX, BEAUTIFUL AND FASCINATING CREATION

- A. The human body is composed of over 100 trillion cells – each with a unique blueprint. It's the same for fingerprints, snowflakes, water molecules and even individual blades of grass, each is one of a kind.
- B. Cells are the source of life. Everything happens at the cellular level. Each cell needs specific replacement parts such as water, minerals, vitamins and amino acids
- C. The human body is composed of minerals (dust of the earth, Genesis 2:7), probiotics and living organisms, water and other basic elements of the earth.
- D. The life of all flesh is in the blood. The body fights to protect and keep the blood safe.
- E. The human body is designed as a network of over 250,000 miles of tubes and passageways. As these tubes become smashed, cut, burned, weak, inflamed, or blocked, health problems ensue.
- F. Your car was designed. Its designer specified the exact replacement parts needed to keep it running smoothly, efficiently and for many years. Your cells, and therefore your body, are no different.
- G. The body is designed to heal itself IF we are cooperating with God's design.
- H. We are made from seed. The miracle of conception and birth. And the battle for pure seed. This is why we fight. There is a battle over purity, between good and evil, for the blood and for pure seed.

"I will put enmity between you and the woman. And between your seed and her Seed" Genesis 3:15

IS OUR CURRENT SYSTEM WORKING?

A. **IS THE MAN-MADE SYSTEM WORKING?** Where is God in our system of medicine? For thousands of years, we only had God and we used heliotherapy (sunshine), hydrotherapy (water), herbs, plants, minerals, fresh air, etc. Now we have machines, laboratories, chemicals, GMO's and we think man-made science works better than the things of God.

The modern medical model, as a rule when it comes to chronic illness, does not believe the body has the intelligence to heal and regenerate itself. Once a state of dis-ease (lack of comfort) is found, their theory is to attempt to slow its progression or maintain the illness.

This is done mainly in three ways:

1. Synthetic pharmaceutical drugs for disease maintenance
2. "Attacking" the illness (i.e. chemotherapy, radiation, etc.)
3. Removing the offending body part via surgery

B. **OUR HOPE IS IN GOD, NOT MAN.** I believe God is grieved and weeping over the devastation we have caused by the works of our own hands. Life is a choice. We can choose things of God or things of man. If we do not believe in and trust our Creator, we will believe the lies of the world. If we believe disease is incurable, that man-made drugs, surgery, chemotherapy and radiation are the only treatment options, that sickness, disease and degeneration of the human body is inevitable, and that genetic illness is a hopeless condition, then we have mostly removed God and faith from our current system of medicine.

"Their land is also full of idols, They worship with works of their own hands, that which their own fingers have made." Isaiah 2:8

THERE IS A REASON FOR SICKNESS AND DISEASE

A. **GOD CREATED NATURAL LAWS.** The God who does miracles is the same God who designed the earth to function with very specific purpose and a natural created order. God gave us mathematics, chemistry, botany, physics, an amazing human body and cause and effect.

"I said in my heart, "Concerning the condition of the sons of men, God tests them, that they may see that they themselves are like animals." For what happens to the sons of men also happens to animals; one thing befalls them: as one dies, so dies the other. Surely, they all have one breath; man has no advantage over animals, for all is vanity. All go to one place: all are from the dust, and all return to dust. Who knows the spirit of the sons of men, which goes upward, and the spirit of the animal, which goes down to the earth? Ecclesiastes 3:18-21

B. **WE HAVE STRAYED FROM GOD'S NATURAL DESIGN.** This is a simple truth and not a surprise. We have gone from living a life outside, in the sun, working the land, eating fresh foods from the earth and drinking clean water to a "modern" world of wearing rubber shoes, using metal silverware, drinking out of bottles, eating processed foods in boxes and packages, working indoors primarily and staring at artificial flashing boxes day and night.

C. DEFINITION OF DISEASE.

Merriam-Webster - "a condition of the living animal or plant body or of one of its parts that impairs normal functioning and is typically manifested by distinguishing signs and symptoms."

Alternative viewpoint: "misalignment with God's design and natural created order, manifested by distinguishing signs and symptoms which act as a means of communication between the Creator and the created as an act of love in order to provoke a change to restore harmony, balance and oneness."

Most illness is due to cellular malfunction caused by cellular toxicities and cellular malnutrition, both of which can be avoided and overcome naturally.

D. **THANK GOD FOR PAIN.** God talks to us through our body, but are we listening? Every symptom, every pain, every rash, every upset stomach, every headache, every runny nose and every aching joint is a SIGNAL that something is wrong with your body. Covering up symptoms, because we like to be pain free, is not an answer to restoring health. However, it is important to find ways to alleviate pain and discomfort, and that is ok, while SIMULTANEOUSLY finding the root cause of the problem to eliminate future re-occurrences.

SPECIFIC CAUSES OF SICKNESS AND DISEASE

A. **WE HAVE DEFILED THE LAND.** Land and seed theory of illness; also known as the cellular vs germ theory of disease. Your body is the land and the variety of elements found in today's world are the seeds. What is the health of your internal environment?

From Natural News:

(NaturalNews) Mainstream medicine believes that virtually all illness is caused by germs or genetic hereditary weakness, as well as deformities and trauma injuries. Their solution and strategy is to have us believe that there are over 10,000 different diseases and that each of these diseases requires outside intervention from drugs and surgery. **The truth is that most illness is due to cellular malfunction caused by cellular toxicities and cellular malnutrition, both of which can be avoided and overcome naturally.**

It was Louis Pasteur, the so-called "father of modern germ theory" so widely revered by mainstream medicine, who was largely responsible for germ theory being a primary precept of today's medical practice. Few people are aware of the controversy which surrounded Pasteur in his early days or of the work of a more esteemed contemporary whose works Pasteur plagiarized and distorted. That contemporary was fellow French Academy of Sciences member Antoine Bechamp, one of France's most prominent and active researchers and biologists whose theories and research results stood in stark opposition to Pasteur's germ theory.

Pasteur essentially dug up the germ theory of disease and put his name on it. It wasn't a new idea. The concept, which theorizes that many diseases are caused by germs, had actually been outlined by other people many years before. Pasteur nevertheless claimed to have "discovered" germs. Bechamp, on the other hand, proved through original research that most diseases are the result of diseased tissue and that bacteria and viruses are largely after-effects instead of causes of disease.

Antoine Bechamp was able to scientifically prove that germs are the chemical by-products and constituents of pleomorphic microorganisms enacting upon the unbalanced, malfunctioning cell metabolism and dead tissue that actually produces disease. Bechamp found that the diseased, acidic, low-oxygen cellular environment is created by a toxic/nutrient deficient diet, toxic emotions, and a toxic lifestyle. His findings demonstrate how cancer develops through the morbid changes of germs to bacteria, bacteria to viruses, viruses to fungal forms and fungal forms to cancer cells.

After some initial controversy, Pasteur's germ theory ended up winning the day with mainstream medicine - owing in large part to the fact that the theory enabled mainstream medicine to hugely profit from the patented drugs and treatments for fighting germs. After all, had Bechamp's discoveries been incorporated into current medical curriculum, it would likely have meant a virtual elimination of disease and the end of the pharmaceutical industry.

The germ theory of medicine stands in stark contrast to thousands of years of man looking to nature to nourish and heal it, dating back to ancient Chinese medicine which treated the whole body instead of the symptoms of illness. As Hippocrates, "the father of medicine" observed 2400 years ago, "Nature is the physician of man." Hippocrates also advised, "Leave your drugs in the chemist's pots if you can cure your patient with food."

Though mainstream medicine might have us believe otherwise, the simple truth is that no one ever became ill due to a deficiency in pharmaceutical drugs. Lack of nutrition combined with exposure to toxins is what causes us to become ill.

Someday, germ theory and unnatural drugs will be relegated to the science junk pile where they belong and man will re-discover the value of eating a nutrient-dense organic diet, avoiding toxins and nutritional deficiencies and living a healthy lifestyle. When that happens, the words of Thomas Edison may prove to be a welcome prophesy:

"The doctor of the future will give no medicine but will interest his patients in the care of the human frame, in diet and in the cause and prevention of disease." Thomas Edison

"The earth is also defiled under its inhabitants, because they have transgressed the laws, changed the ordinance, broken the everlasting covenant. Therefore the curse has devoured the earth, and those who dwell in it are desolate. Therefore the inhabitants of the earth are burned, and few men are left."
Isaiah 24:5

"Do you not know that you are the temple of God and that the Spirit of God dwells in you? If anyone defiles the temple of God, God will destroy him. For the temple of God is holy, which temple you are."
1 Corinthians 3:16-17

B. **WEED AND WATER THE GARDEN.** As we should be weeding and watering our hearts spiritually, we should also be weeding and watering our physical bodies.

"For what fellowship has righteousness with lawlessness? And what communion has light with darkness? And what accord has Christ with Belial? Or what part has a believer with an unbeliever? And what agreement has the temple of God with idols? For you are the temple of the living God. As God has said:

***"I will dwell in them
And walk among them.
I will be their God,
And they shall be My people."***

***"Come out from among them
And be separate, says the Lord.
Do not touch what is unclean,
And I will receive you."
"I will be a Father to you,
And you shall be My sons and daughters,
Says the LORD Almighty."***

Therefore, having these promises, beloved, let us cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God." 2 Corinthians 6:15-18 and 7:1

C. **NUTRITIONAL DEFICIENCIES.** Some of the most common deficiencies today include amino acids, probiotics, Vitamin A (beta carotene), B-Vitamins, Vitamin C, Vitamin D, Vitamin E, Essential Fatty Acids, Calcium, Magnesium, Potassium, Sodium, Iodine, selenium and other trace minerals.

D. **POLLUTION.** Our earth, our air, our water, our food supply and our bodies have become polluted. People are being poisoned and made sick by chemicals such as asbestos, herbicides, pesticides, pharmaceutical drugs, artificial flavor and colors, diet soda, beauty products, mercury fillings and over 20,000 chemicals in our food supply.

E. **SUMMARY.** In summary, we can sum up the vast majority of what we call sickness in understanding the simplicity that we have strayed from our God. We are either missing that basic components of God based on creation (light, oxygen, water, minerals, probiotics, amino acids, vitamins, etc.) or we have polluted the Holy Temple with contaminants not conducive to the function of the human body (man-made chemicals, processed foods, heavy metals, pharmaceutical drugs, etc.). This should provoke us to humility, a cry for mercy and most importantly, repentance. We must turn from our ways or this will continue. God is allowing it, waiting for a generation to wake up and turn back to Him.