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## CANCER

### 10 STEP PROTOCOL TO PARTNERING WITH GOD'S DESIGN

1. Switch to an extremely clean, alkaline nutrition program ASAP! Remember that cancer is a toxicity condition, so you only want the cleanest, most alkalizing foods going into the body. This would mean ideally eliminating processed foods, dairy, grains, sugars and most (if not all) meat. Many people have healed their cancers switching to a mostly raw food diet. GREENS are powerful for healing!
2. Water is the essence of life. Alkaline water can help heal the body. The ***Living Water Machine by Vollara*** would be a great choice. The best might be fresh, pure mountain spring water if it was available to you, but that isn't the case for most people. Besides herbal beverages, water should be the only liquid you consume!
3. Learn the truth. Understand what cancer real is and how it can be overcome. Listen to the "Truth About Cancer" series. Read about Dr. Gerson and watch "The Gerson Miracle." Read about Stan Burzynski and his story. Read "When Healing Becomes a Crime" and learn about Dr. Hoxsey. Learn about Rene Caisse and Essiac tea, Dr. Raymond Rife and the Rife machine and watch a documentary called "Cut, Poison, Burn." Educate yourself, because the medical system will not give you the truth.
4. Learn the truth about chemotherapy and radiation. Ask questions and never assume this is the only treatment options you have. Learn about the horrible failure rates of chemotherapy. If cancer is a toxicity condition, do we need more poisons to restore health?
5. CLEANSE! Cancer is an extreme condition of toxicity and acidosis. Yes, you need nutrition, that is critical, but cleansing is the key to healing the body. The cells are only as healthy as the environment in which they are living. Here is the order and eras of the body needing cleansing.
  - A. Colon - Bernard Jensen wrote a book called "Death begins in the colon." This is the largest area where waste is removed from the body. ***Spirit of Health Colon Cleanse.***
  - B. Kidneys - This is the system that removes all fluid wastes out of the body. The urine should be cloudy, colored and even have an odor. If clear, your kidneys are not cleansing and filtering.
  - C. Lymphatic System - This is the "sewer system" of your body. This may be the most crucial system to cleanse for healing and preventing sickness and diseases. If we understood the lymph and how to cleanse it, we would not have epidemic health crisis we see today. ***Spirit of Health 7+ day lymph cleanse.***

D. Liver - This is the main detox organ of the body, but it cannot cleanse and heal unless the lymph, kidney and colon are removing toxins. The liver must dump toxins somewhere. ***Spirit of Health liver cleanses and liver/gallbladder cleanses.***

6. Cleanse and rid the body of infection. It is safe to say that anyone with chronic illness, and something as serious as cancer has infections in their body. Dr. Simoncini showed that cancer is a fungus and Dr. Hulda Clark showed every cancer patient she worked with had parasites. Infectious organisms are attracted to break down waste material and acids. There are many great cleanses and products such as ***Dr. Clark's Para-Cleanse, Dr. Morse Parasite M and Parasite G formulas, Fungal Forte by Original Medicine, Black Walnut Tincture by Dr. Clark.***

7. ***Inner Vitality plant minerals by Morningstar*** (2-4 ounces daily). ***Liquid Bentonite Clay daily by Yerba Prima or Earth's Natural Clay.*** (1-2 Tablespoons daily). These minerals will provide building blocks for life and help cleanse and heal the body.

8. ***Perfect Aminos by Body Heath*** is crucial for cancer. With cancer, protein metabolism becomes almost impossible and the body starts to waste away. 10 tablets daily of perfect aminos will provide building blocks and repair tools needed by every cell, joint, muscle and tissue of the body.

9. Learn about God's cancer fighters! There are too many to mention, here are some of the best!

***Turmeric - North American Herb and Spice Turmerol***

***Apricot Seeds - Apricots from God***

***Chaga and Reishi Mushrooms and all other medicinal mushrooms - Healing***

***Mushrooms by Cedar Bear or Chaga by North American Herb and Spice***

***Essiac Tea - Flor-Essence Tea or Essiac Plus by Cedar Bear***

***Spirulina and Chlorella - Ojio brand or Nutrex***

***Graviola - Cedar Bear***

***Stem Cell Activator by Bell Lifestyle Products***

10. PRAYER. God is a healer and a restorer. God is heartbroken over chronic disease, especially cancer. It was not His heart or intent for this to happen. God does instant healing miracles and provides miracles through creation as well. Embrace both.

11. BONUS. Remove toxic thoughts and unneeded stress and anxiety. This creates acidosis in the body, resulting in weakened digestion and weakened immune system. People always ask me, what if it was your loved one? I would recommend Hawaii, the beach, burying yourself in the earth, swimming in the ocean, lying out in the sun, eating fresh raw fruits and vegetables, prayer and no stress. You can heal of ANYTHING doing this! Embrace all things of God, including His perfect peace and His perfect creation.

## BREAST CANCER - Specific

1. Learn about the dangers of mammograms. Understand it is not early detection, it is LATE detection. Learn about thermography. Understand that mammograms greatly increase your cancer risk.
2. Get a second opinion, and a third opinion. Consider your options and DO NOT RUSH into a fear-based decision. Remember with the lymph you have time, especially if detected early enough.
3. Remove all xenostrogens from your world. Ditch all the hormone replacement therapies (bio-identical or not), birth control, pesticides and herbicides on foods, hormones in meat and dairy, use natural personal care products (especially deodorant!), get the chemicals out of your house!
4. Get your eyes checked through Iridology. Blue eyes? You have genetic predisposition to lymph blockages. There are many other signs in the eyes that can give you clues for a good lifestyle switch towards better health.
5. Lose weight! If you didn't have good motivation to lose weight before, you do now! Toxins store in the fat cells and excess weight can hold on to cancer-causing chemicals and estrogenic compounds.
6. **Clay-based deodorant by Living Clay or Smoky Hills Farm.** Use natural **shampoos and conditioner like Alaffia or Desert Essence.** Use clean **lotions like Alaffia or the Miracle Skin Moisturizer.**
7. **Dry skin brush,** move that lymph, use lymph herbs (Dr Morse or Cedar Bear), exercise your tail off, jump on a rebounder, sweat, get massages, do anything and everything you can to move that lymph! **Do the Spirit of Health Lymph Cleanse.**
8. Get sunshine. Vitamin D is known to prevent and reverse all cancers! Take **BioAstin astaxanthin by Nutrex** so you tan, absorb sunshine and don't burn. Take Iodine, **Xodine by Cedar Bear and Modifilan.**
9. Drink Essiac Tea or Flo-Essence Tea. Can try **Flor-Essence tea by Flora, Essiac Plus by Cedar Bear or make Angel Tea by Herbally Grounded.**
10. Clean up that liver! Nothing is more important than a clean liver and clean lymph. Clean liver = clean blood. Clean lymph = clean blood. These are the rivers of life! Clean blood = good health. With cancer, you ALWAYS have liver congestion. If the liver and lymph was not backed up, it would be impossible to have a toxicity condition.

## Major Confusion on How to Do Breast Checks

Is there a right way to check your breasts for early signs of cancer? Many women remain confused as experts now say there is no evidence that rigorous monthly "self-examination" – widely recommended in the United States – reduces breast cancer deaths. Plus, it can lead to unnecessary biopsies.

Two large studies looking at a total of more than 388,000 women found that death rates from breast cancer were the same among women who rigorously self-examined as those who did not, while there were almost twice the number of biopsy operations in the self-examination group.

According to some experts, the best way for a woman to check her breasts is not to follow a strict examination routine, but to get to know what is normal, and feel them regularly for signs of any changes.

### **Dr. Mercola's Comments:**

Breast self-exams have long been recommended as a simple way for women to keep track of anything unusual in their breasts. Now, after studies have found that such exams do not reduce breast cancer death rates, and actually increase the rate of unnecessary biopsies, many experts are recommending a more relaxed approach known as "breast awareness".

Breast awareness is really self-explanatory. It means women should regularly check their breasts for changes, but can do so in a way that feels natural for them. In other words, you don't have to do it on the same day each month, or use any particular pattern.

Simply be aware of what's normal for you so you can recognize anything out of the ordinary. What should you keep an eye out for?

- A new lump or hard knot found in your breast or armpit
- Dimpling, puckering or indentation in your breast or nipple
- Change in the size, shape or symmetry of your breast
- Swelling or thickening of the breast
- Redness or scaliness of the nipple or breast skin
- Nipple discharge, especially any that is bloody, clear and sticky, dark or occurs without squeezing your nipple
- Changes in your nipple such as tenderness, pain, turning or drawing inward, or pointing in a new direction
- Any suspicious changes in your breasts

## Are Mammograms a Good Idea?

Aside from breast self-exams, the other mainstay in the U.S. medical system is the mammogram. The U.S. Preventive Services Task Force recommends women get a mammogram every year or two after age 40.

The benefits of mammograms are highly controversial, while the risks are well established. Back in 2001, around the time that U.S. health officials widened the use of mammograms to include women over 40 (previously it was only women over 50), a Danish study published in *The Lancet* revealed some startling data.

The study concluded that previous research showing a benefit was flawed and that widespread mammogram screening is unjustified.

Specifically, the Danish researchers argued that earlier studies in Europe and North America were improperly randomized and that they used a faulty definition of breast cancer survival.

Meanwhile, the technology carries a first-time false positive rate of up to 6 percent. False positives can lead to expensive repeat screenings and can sometimes result in unnecessary invasive procedures including biopsies and surgeries.

Just thinking you may have breast cancer, when you really do not, focuses your mind on fear and disease, and is actually enough to trigger an illness in your body. So a false positive on a mammogram, or an unnecessary biopsy, can really be damaging.

Not to mention that women have unnecessarily undergone mastectomies, radiation and chemotherapy after receiving false positives on a mammogram.

X-rays and other classes of ionizing radiation have been, for decades, a proven cause of virtually all types of biological mutations. When such mutations are not cell-lethal, they endure and accumulate with each additional exposure to x-rays or other ionizing radiation.

X-rays are also an established cause of genomic instability, often a characteristic of the most aggressive cancers.

Additionally, radiation risks are about four times greater for the 1 to 2 percent of women who are silent carriers of the A-T (ataxia-telangiectasia) gene, which by some estimates accounts for up to 20 percent of all breast cancers diagnosed annually.

When everything is taken into account, **reducing exposure to medical radiation such as unnecessary mammograms would actually likely reduce mortality rates.**

The practice of screening mammography itself poses significant and cumulative risks of breast cancer, especially for premenopausal women.

Making matters even worse, false positive diagnoses are very common – as high as 89 percent – leading many women to be unnecessarily and harmfully treated by mastectomy, more radiation, or chemotherapy.

There are instances where mammography may be warranted. But the fact remains that there are other technologies that are proven to be more effective, less expensive, and completely harmless, that can save far more lives.

Now, imagine being able to look inside yourself and be able to get as much as 10 years warning that something is *about* to develop, giving you ample time to PREVENT the cancer from forming in the first place by taking the appropriate lifestyle changes that can radically change your health.

That technology already exists, and has been available since the 1960s.

### **An Amazing Deception**

That mammograms are still recommended at all speaks volumes about the state of modern medicine.

Decades ago in 1974, the National Cancer Institute (NCI) was warned by professor Malcolm C. Pike at the University of Southern California School of Medicine that a number of specialists had concluded "giving a women under age 50 a mammogram on a routine basis is close to unethical."

Why? Well for starters mammograms expose your body to radiation that can be 1,000 times greater than that from a chest x-ray, which poses risks of cancer. Mammography also compresses your breasts tightly, and often painfully, which could lead to a lethal spread of cancerous cells, should they exist.

"The premenopausal breast is highly sensitive to radiation, each 1 rad exposure increasing breast cancer risk by about 1 percent, with a cumulative 10 percent increased risk for each breast over a decade's screening," points out Dr. Samuel Epstein, one of the top cancer experts.

Dr. Epstein, M.D., professor emeritus of Environmental and Occupational Medicine at the University of Illinois School of Public Health, and chairman of the Cancer Prevention Coalition, has been speaking out about the risks of mammography since at least 1992. As for how these misguided mammography guidelines came about, Epstein says:

"They were conscious, chosen, politically expedient acts by a small group of people for the sake of their own power, prestige and financial gain, resulting in suffering and death for millions of women. They fit the classification of 'crimes against humanity'."

Not surprisingly, as often happens when anyone dares speak out against those in power, both the American Cancer Society and NCI called Dr. Epstein's findings "unethical and invalid".

But this didn't stop others from speaking out as well. In July 1995, The Lancet again wrote about mammograms, saying "The benefit is marginal, the harm caused is substantial, and the costs incurred are enormous ..."

Dr. Charles B. Simone, a former clinical associate in immunology and pharmacology at the National Cancer Institute, said, "Mammograms increase the risk for developing breast cancer and raise the risk of spreading or metastasizing an existing growth."

"The high sensitivity of the breast, especially in young women, to radiation-induced cancer was known by 1970. Nevertheless, the establishment then screened some 300,000 women with X-ray dosages so high as to increase breast cancer risk by up to 20 percent in women aged 40 to 50 who were mammogrammed annually," wrote Dr. Epstein.

### **Safe Screening Methods do Exist: The Benefits of Thermography**

But you're not likely to hear about them from your general practitioner.

"... The establishment ignores safe and effective alternatives to mammography, particularly trans illumination with infrared scanning," Dr. Epstein points out.

Most physicians continue to recommend mammograms for fear of being sued by a woman who develops breast cancer after which he did not advise her to get one. But I encourage you to think for yourself and consider safer, more effective alternatives to mammograms.

The option for breast screening that I most highly recommend is called thermography.

Thermographic breast screening is brilliantly simple. It measures the radiation of infrared heat from your body and translates this information into anatomical images. Your normal blood circulation is under the control of your autonomic nervous system, which governs your body functions.

Thermography uses no mechanical pressure or ionizing radiation, and can detect signs of breast cancer years earlier than either mammography or a physical exam.

Mammography cannot detect a tumor until after it has been growing for years and reaches a certain size. Thermography is able to detect the possibility of breast cancer much earlier, because it can image the early stages of angiogenesis (the formation of a direct supply of blood to cancer cells, which is a necessary step before they can grow into tumors of size).



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*Dental Health Equals Breast Health*

**“Each tooth is connected to an energetic meridian system, a system of energy, which flows over the organism, which has been known for thousands of years. And if you preserve your teeth with root canal treatments, or if you have toxic elements -- for example, mercury, in your teeth, that can affect your overall health. And daily we see patients whose sickness was co-caused by dental work, especially root canals, infected teeth and heavy metals from amalgams or crowns and so on. And sometimes it's like a key -- if you remove them, then the patient gets better.”**

***Dr. Thomas Rau, Director, Paracelsus Klinik<sup>1</sup>***

***Records from the Paracelsus Klinik were checked for the last 150 breast cancer patients. Dr. Rau found that 147 of them (98%) had one or more root canal teeth on the same meridian as the original breast cancer tumor. His clinic has a biological dentist section where all cancer patients, on reporting in, have their mouth cleaned up first -- especially all root canal teeth removed.***

***Since 98% of the breast cancer patients had root canals, or other infections, on the same acupuncture meridian this implies that breast cancer forms with the assistance of the metals and microbes coming from the root canals.***

#### *Meridian Connections*

Dr. Reinhart Voll, a German medical doctor and dentist discovered in the 1950's that every tooth in the mouth relates to a specific meridian.

Kim Bong Han, a Korean physicist, proved that meridians discovered by the Chinese and used for thousands of years in acupuncture and traditional Chinese medicine existed. He injected a radioisotope into an acupuncture point and the imaging technology showed a system of ducts that connect with every cell nuclei in the body. This system did not follow an artery, vein or nerve path. They were distinct energy pathways.

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<sup>1</sup> Harris, Gail. “Biological Medicine with Thomas M. Rau, MD.” Body and Soul. July 2008.  
<[http://www.pbmn.org/inner/rau\\_interview.html](http://www.pbmn.org/inner/rau_interview.html)>



Every tooth is on a meridian pathway- so infected teeth (or one that has had dental work) can block that pathway. For example, an infection in the first molar can cause energy blockage to the mammary glands.

*I have had a number of patients with breast cancer, all of whom had root canals on the tooth related to the breast area on the associated energy meridian."*

*John Diamond, M.D.*

*(...the reason being that dead teeth [which root canals are] will scatter toxins throughout the body, apparently following the energy meridian that they lie upon.)*

*"I have been told about a woman who had a breast tumor. Oncologists (cancer specialists) do not like to operate if there are signs of other infection. Her physician asked the woman to have an abscessed tooth taken care of before surgery.*

*Immediately after the dental appointment, while lidocaine was present in her system, the woman had a Thermography that revealed a thin white line extending from her tooth, down her neck, through the tumor in her breast and on down into her stomach. In light of the discovery, her physicians decided not to operate. Four months later the tumor disappeared. That was the first time direct connection to disease following an acupuncture meridian was clinically observed and was an immeasurably important observation for western medicine. Every tooth has a separate acupuncture meridian running through major organs in the body.."*

*Tom Warren M.D.<sup>2</sup>*

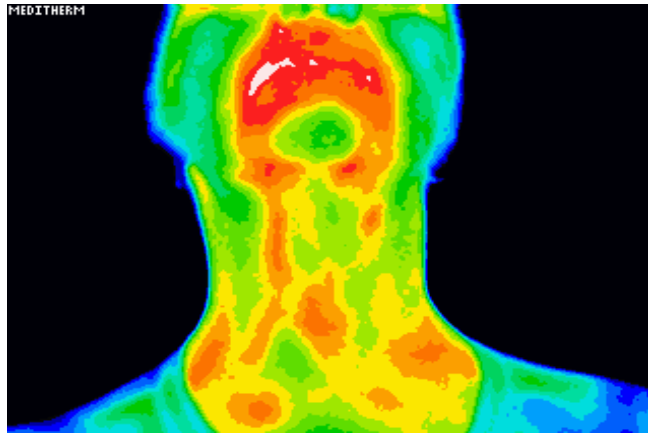
There are about 24 million root canals done in the U.S. alone every year. They were proven deadly disease agents in 1925 in a study by Dr. Weston Price and 60 prominent researchers. That study has been suppressed ever since by the ADA and the American Association of Endodontists (AAE).<sup>3</sup>

Read the book "Root Canal Cover-Up" by George Meinig, DDS, FACD for the full story. Dr. Mercola goes on to say, "Dr. Meinig was an endodontist for 50 years. He helped found the AAE in 1943. His book is a mea culpa (apology) to the thousands of patients whose health he ruined doing root canal fillings. He discovered the Weston Price research only after he retired in 1993. His book was published first in 1994 and he has lectured widely since then trying to alert people to this danger to their health."

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<sup>2</sup> [http://curezone.com/diseases/cancer/cancer\\_dental\\_risk.asp](http://curezone.com/diseases/cancer/cancer_dental_risk.asp), last accessed 06/18/08

<sup>3</sup> Mercola, Joesph. "Root Canals Pose Health Threat: An Interview with George Meinig, D.D.S." July 2008, <<http://rheumatic.org/teeth.htm>>



Here is a thermogram example of a toxic dental area. The green spot is the clients chin with head tipped back. You can see the inflammation all around the mouth and inflammation heading down her throat towards her breasts.

Dr. Price concluded that there is no safe way to do a root canal filling. A root canal has been compared to having an arm cut off, and then sewn back on with little success, but left there as a heroic example of the surgeon's ability to save that arm. The tooth is dead but has been left in your body to spew toxins throughout your body.—and the cost in dollars and health is astronomical to you. Only the dentist's benefits from your payment. Supposedly it's safe because it's surrounded and covered up.

Every tooth in our body has **miles** of minutely wound roots. "It is said that if the tubules of a front tooth were stretched out, they would be 3 miles long... A root-filled tooth no longer has any fluid circulating through it, but the maze of tubules remains. The anaerobic bacteria that live there seem remarkably safe from antibiotics." These pathogens can then continue to re-infect the whole body causing the return of cancer time after time. Remission is not possible. "Today's bacteriologists are confirming the discoveries of Dr. Price's team of bacteriologists. They isolated in root canals the same strains of "streptococcus", "staphylococcus" and "spirochetes"."<sup>4</sup> Moreover, recent data is indicating a relationship between nickel crowns and breast cancer in women.

*The most dangerous of all odontogenous toxins are undoubtedly the **thio-ethers**, for instance dimethylsulfide. Other severe toxins from root-canal bacteria include thio-ethanols and mercaptans which have been found in the tumors of women who have breast cancer. These toxins drain through the lymphatic system down the cervical chain of lymph nodes and ultimately in to the breast tissue.*<sup>5</sup>

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<sup>4</sup> Leduc, Mark. "Should You Have Root Canals?" 2003. < <http://www.healingdaily.com/exercise/root-canals.htm>>. Last accessed July 2008.

<sup>5</sup> Dental/Cancer Connection by Dr. Gerald H. Smith Author of [Reversing Cancer: A Journey from Cancer to Cure](http://www.icnr.com/cs/cs_21.html). [http://www.icnr.com/cs/cs\\_21.html](http://www.icnr.com/cs/cs_21.html), Last accessed 10/02/2010.

*Eight Teeth Can Feed Infection Directly to Our Breasts*

There are eight teeth that women need to pay particular attention to for their breast health. Root canals on these teeth are dramatically linked to breast cancer and a history of health problems.

**First molar, right upper**

**Second molar, right upper**

**First molar, left upper**

**Second molar, left upper**

**Second premolar, right lower**

**First premolar, right lower**

**Second premolar, left lower**

**First premolar, left lower**